



Location:	Camp Wetaskiwin
	(just outside St Catharines, about 35 mins from here, next to Short Hills Provincial Park)
Date:	February 7 <sup>th</sup> – 9 <sup>th</sup> , 2014
Time:	Depart Friday after dinner at 6pm, pickup Sunday 1pm.
	Departure and return location; Binbrook Fairgrounds.
	We will travel to camp by bus.
Cost:	\$30 for the weekend in advance. (\$35 after Feb 4 <sup>th</sup> )
	(cost includes all food and drink, transport, and a camp badge)

The youth will be eating and sleeping, in a heated and fully plumbed lodge. We have no plans for any out-trips from camp, and will advise if this changes.

# <u>Note:</u> If the dates conflict, or you would rather discuss attending just for one night, or just coming for the day... that's totally possible, please discuss with us... we can adapt to receive and depart at odd times, and if need be adjust camp cost accordingly.

The 1<sup>st</sup> Binbrook leadership will be there ensuring everyone's safety, at all times.

As parents you are more than welcome to come out and spend the weekend as well. *(If you'd like to stay overnight as an adult, please speak to us ahead, as there is some extra paperwork to do...)* 

We have lots of space and food. Required equipment is minimal, and we'll provide a detailed list, including schedule and map/directions, if you need them.

We will have a detailed contact sheet for each youth with us at camp, and if any youth has a problem, or needs to talk to Mom & Dad, or wants to go home earlier than planned, we'll contact you without hesitation.

This is the best part of Scouting... a weekend away in the outdoors. We want them all to have a good time, and leave with only fond memories.

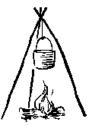
We will be spending as much time in the outdoors as the weather allows.

If you have **ANY** questions or concerns, please feel free to ask, inquire, or just openly discuss your thoughts and feelings. Again, we know, it's all still pretty new for some folks, and we want everyone to be comfortable.

Akela/Bubbles (Pam) or Hawkeye/Rikki-Tikki-Tavi (Andy) at 905-692-0693



### <u>1<sup>st</sup> Binbrook Cold Weather Camp</u> Suggested Kit List



#### 1. First Rule: PLEASE PACK YOUR OWN GEAR!

This way YOU will know what has been packed, and maybe even where it is located. Mom/Dad are encouraged to help, but may NOT do it for you.

- 2. Please keep in mind we will be spending time outside during the day but will be staying in a heated cabin for the weekend.
- 3. A good habit to learn is to pack clothing in the large Ziploc (or similar type) bags. Things will always stay dry, and this also helps kids keep their clothes sorted, dirty from clean. It also doesn't hurt to toss in an extra bag or two, just in case particular items become moist or dirty. You can also sit on the Ziplocs as you are closing them, and get all of the air out of the clothes.
- 4. Please label everything, with your name or initials. We are a large group and there will be lots of extra outer clothing this time of year. ☺

As we go through the rest of the kit list, please bear in mind that the this can be a challenging time of year for weather especially the last few years, and so we try to **Be Prepared** for any circumstances. Some items may look odd, or seem redundant, but better to bring home some extra clean socks, than to have wet cold feet. (sweat-laden socks, are the #1 cause of cold feet). Always look at the weather forecasted for the weekend when you are packing.

The clothing listed below, is in **ADDITION** to appropriate layers of clothing worn for arrival on Friday night.

As previously discussed, multiple thin layers, is the way to stay warm, and allow for adjustments in temperature. Further, changing the layers closest to the skin, to remove things like wet (sweaty) socks, is the best way to stay warm! **Watch the weather and pack accordingly.** 

#### CLOTHES:

- 2 pairs of underwear
  - 6 pairs of good cotton sweat socks
  - 3 pairs heavy woollen socks
  - 2 pairs long underwear (or fleece pyjamas will work too)
  - 3 t-shirts
  - 3 pairs of sweat pants or cotton pants (no jeans, they don't wick sweat away)
  - 3 Long Sleeved Shirts (turtle necks are best if you have)
  - 2 Sweat shirts/sweaters
  - 2 pairs of pyjamas
- OUTER WEAR:Winter water repellent long coat (preferably with hood)<br/>Winter Boots, preferably the type with waterproof outers, and removable liners<br/>Spare boot liners (if you have them)<br/>A good winter hat<br/>Scarf or neck warmer<br/>3 pairs of warm mitts (one pair of gloves, if desired, but mitts are warmer)<br/>(water repellent mitts are best!)<br/>Water repellent outer pants or snow pants are ok, if truly water repellent<br/>Indoor shoes or slippers
- TOILET ITEMS: Toothbrush and paste, soap and wash cloth

#### BEDROLL: Sleeping bag

Foam ground mat (or self-inflating mat, or similar – please send only items that the youth are comfortable in dealing with, and not queen size air mattresses...;-) )

Extra blanket if you are the type that gets chilly at night

Other Items:UniformA flash light or lantern, with extras batteries (name on it!)Wide-mouth canteen or water bottle to carry when on a hikeA small day pack for hiking (for example, your school backpack)

#### <u>ANY MEDICATIONS</u>: ARE TO BE PUT IN A ZIPLOC BAG AND CLEARLY LABELED WITH INSTRUCTIONS. PLEASE GIVE TO SCOUTER UPON ARRIVAL TO CAMP. Similarly, any special needs, sleeping habits, or other concerns, can be jotted down and handed in at arrival time.

**Equipment Sources**: Both the Scout Shop, and Canadian Tire or Wal-Mart's camping sections, have good options, for anything you don't already have. Feel free to call the Scout Shop before driving down, and ask questions... they are very helpful there, and carry everything you could ever need. (905) 528-4662 *(they're also generally cheaper, and the profits benefit Scouting)* 

Questions? – <u>Ask!</u> There are no stupid questions. (905) 692-0693 – Andy or Pam

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We will be staying in the main Lodge for the weekend. It is the large building across the bridge and to the left.

While your child is at camp if you need to get in touch with him or her or wish to speak with a Leader for whatever reason we can be reached on Andy's cell phone at 416-428-4200. Please leave a message, if you don't reach us, or use email. The mobile service in this valley, is sketchy.

If you need to drive there, a map is available on our website, in the parents section. (and was likely attached to the email you got this memo with)

## Please Label Everything...

#### <u>Please return this sheet only, by the week of November 25th, 2013 whether</u> <u>attending or not.</u>

Name of Youth: \_\_\_\_\_

We choose: (please select one, and return the form in any case)

#### □ We are not available to attend at all, on that weekend.

- Come for the whole weekend. Sleep over Friday and Saturday nights, in the cabin.
  \$30
- If attending for the entire weekend is a challenge please speak with us as we are always flexible and like to see the youth out for as much time as they are comfortable with. Day trips are fine. Single nights are welcome. We can adjust and accommodate as needed.

#### $\hfill\square$ I also intend to attend with my youth for the same time period.

Contact information for that weekend: (if different	than usual)
Name:	_ Phone#:
Signature:	
Amount Paid: (cheques payable to "Scouts Canada – 1 <sup>st</sup> Binbrook Gro	oup" please)